Ysgol Comins Coch

Comins Coch, Aberystwyth, Ceredigion. SY233BQ

Phone 01970 623497. staffcc@cominscoch.ceredigion.sch.uk

Dear Parents, 02.09.2026

We are looking forward to welcoming all the children back tomorrow and we extend a warm welcome to all the new children and their families who join our school this term. I'm sure that everyone will settle quickly and be very happy here. During the term we will be regularly updating photos and information on the school website, our school Facebook page and on Instagram. You can access the website via this link:

https://www.cominscoch.ceredigion.sch.uk/

Contact with staff

Please see below the staff e-mail list should you wish to contact them regarding any issues. Staff will only respond to these e-mails on the days that they work between 8.30am -5.00pm on Monday to Friday but will not respond on weekends. Please also note that if the staff are teaching then they will not immediately respond to an e-mail. If the matter is urgent then please contact the school by phone. For this academic year Miss Lowri Davies will teach the year 1 children every morning and then they will join the year 2 pupils in the afternoon. Thank you for your co-operation.

Year group	Class teacher(s)	E-mail address	Class name
Meithrin/Derbyn Nursery Reception	Mrs Rachel Roberts/Mrs Siwan Davies	vear-rober@cominscoch.ceredigion.sch.uk daviess207@cominscoch.ceredigion.sch.uk	Dyfi
Year 1 and 2	Miss Lowri Davies Mrs Siwan Davies/Mrs Ceri Callow	DaviesL3096@cominscoch.ceredigion.sch.uk daviess207@cominscoch.ceredigion.sch.uk callowc1@cominscoch.ceredigion.sch.uk	Teifi
Year 3 and 4	Mrs Ruth Morgan	MorganR114@cominscoch.ceredigion.sch.uk	Ceulan
Year 4 and 5	Mr Lee Gower	gowerl@cominscoch.ceredigion.sch.uk	Rheidol
Year 6	Mrs Sarah Payne	paynes48@cominscoch.ceredigion.sch.uk	Ystwyth

Breakfast Club

Breakfast club will start tomorrow at 8.00am and is open to pupils from Reception to Year 6, there will be a cost of £1 per session for the children attending. You will not need to register beforehand for the days your child attends the club, a daily register will be taken by staff, and parents will be charged at the end of the week through Parentpay. All pupils attending can

have some toast and a drink. Breakfast will be served until 8.30am. Pupils who do not attend the breakfast club should not arrive at school before 8.30am as we do not have any staff to supervise them.

Tocyn

All pupils are able to bring a piece of fruit to school which they can have at their morning break. As part of a government scheme, pupils in Dyfi and Teifi will also be offered milk.

School Dinner

All full-time pupils are entitled to free meals at lunchtime. For all pupils bringing a packed lunch, please can you ensure that the lunches are balanced and healthy. Thank you.

Nut Allergy

We have two pupils in school who have a severe food allergy to peanuts and tree nuts. It is important that there is a strict avoidance of this food to prevent a life-threatening allergic reaction. To reduce the chance of this occurring, we ask that you do not send any **peanut or nut containing products** to school (this does include **peanut butter** and **chocolate spread**). We appreciate your support in this important matter.

Water bottles

Please ensure that pupils remember to bring their water bottles every day. To ensure that we comply with our healthy school status please ensure that the bottles **only contain water and not any other flavourings.** Thank you.

School Uniform

Pupils will be expected to return to school in their usual school uniform. If there are any problems in terms of school uniform, please contact us. We also have spare second hand uniforms at the school. New uniforms can be purchased through our supplier:

Home - Dillad CIT Clothing

Start and finish times

	Arrive at School		End of the school day	
Year 6 Ystwyth	**8.30am**	Front Reception	**3.15pm**	Front Reception
Year 4 and 5 Rheidol	**8.30am**	Front Reception	**3.15pm**	Front Reception
Year 3 and 4 Ceulan	**8.30am**	Front Reception	**3.15pm**	Front Reception
Year 1 and 2 Teifi	**8.30am**	Front Reception	**3.15pm**	School hall
Meithrin/Derbyn Nursery/Reception Dyfi	**8.45am**	Extension door	**Meithrin/ Nursery 12.00** **Derbyn/ Reception 3.15 pm**	Extension Door

All the children except Dyfi class will enter the school in the mornings from the front reception. We ask them to line up in their class groups where they will be let in one class at a time. Please make a note of the times each class finishes and the exit through which the children will be leaving the school. Lessons will start promptly at 8.45am for all classes except Dyfi. **We ask that all pupils arrive at the school promptly so that they do not miss any of the introduction**

of their lesson. If your child is going to be absent, please contact the school by 8.45am with an explanation for their absence. Thank you for your co-operation.

Clwb Comins

Clwb Comins is an after-school club which runs every evening between 3.30pm and 5.30pm. The cost to send your child to the club will be £9 per session which includes a snack. Payment will need to be made at the time that the booking is made through Parentpay. Please note that we have made a slight increase to the charge to cover costs. This is the first increase that we have made since the club started four years ago. The link for Clwb Comins will close every week at 12.00pm on Mondays and a new link for the next week will follow. **Booking through the link is essential and the only way to secure a place in the club. Bookings cannot be made once the link has closed.**

Welsh lessons

We will once again be offering Welsh lessons to parents. The lessons will be from 1.15pm until 3.15pm every Wednesday. There will also be additional lessons on Zoom. If you would like some more information, please contact the tutor Rhiannon Taylor directly at rht@aber.ac.uk

Swimming

Swimming lessons will start for Rheidol and Ystwyth classes next Monday and will run weekly. Ceulan class will have the opportunity to go swimming after half-term.

Tempest Photography

Tempest photography will visit the school on Tuesday 29th September to take family and class photos. If you would like siblings who are not in school to attend, please contact Mr Jack to arrange this. Thank you.

PE Lessons

Please see the timetable below of the days that each class will have their PE lessons. Pupils will need to bring a change of clothing for the lessons. This should consist of shorts/tracksuit, t-shirt/top and a change of footwear. Thank you. Lessons will start from Thursday 3rd September.

Dyfi	Wednesday and Friday
Teifi	Monday and Friday
Ceulan	Tuesday and Thursday
Rheidol	Monday and Thursday
Ystwyth	Monday and Wednesday

At the beginning of the new term, I would just like to give a few reminders about traffic around the school site. Can I please ask that you drive carefully, and park considerately, when dropping off and collecting your children as there is a lot of traffic near the school during these times. Consideration to all drivers and pedestrians would be very much appreciated. **I understand that limited parking spaces may be an issue but please do not park in the disabled spaces in the car park unless you are entitled to do so.** If you are running late to collect your child, please contact the school and remember that your children will be safe with us until you arrive. Thank you for your co-operation.

Medicine

We would like to notify parents that occasionally staff may agree to administer medicines to children. When a parent makes a request for this support it must be accompanied by a completed form available from the main school reception. Can all children who need an asthma pump please ensure that they bring them to school? Thank you.

We will not be sending a new 'Information from Parents' sheet for you to complete this year. We will use the information that you gave us last year. If there are any changes that we need to be aware of, please contact Mr Jack. Parents of new pupils will be asked to complete the sheet. Thank you.

We are carefully planning to ensure that the experience of returning to school is a positive and happy one for your child. If you have any concerns or would like to contact us with further questions you are more than welcome to do so.

I attach a list of staff members currently at Ysgol Comins Coch. Further information and dates will be sent to you in my next letter.

A sincere thank you to you as parents for your continued support, we really appreciate it.

Kindest regards,

M Carruthers

Mike Carruthers

Staff at Comins Coch School September 2026

Mike	Carruthers	Headteacher	Mandy	Daniel	Teaching Assistant
Sarah	Payne	Assistant Headteacher, Year 6 teacher – Ystwyth	Hawys	Hughes	Teaching Assistant
Ceri	Callow	Assistant Headteacher, Year 1 and 2 teacher(Thurs– Fri) – Teifi			
Lee	Gower	Teacher Year 4 and 5 – Rheidol	Rachel	Griffiths	Teaching Assistant
Ruth	Morgan	Teacher Year 3 and 4 - Ceulan	Emma	Jones	Teaching Assistant
Siwan	Davies	Teacher Year 1 and 2 – Teifi (Mon- Wed) Athrawes Meithrin a Derbyn – Nursery and Reception Teacher (Friday) - Dyfi	Sue	Hopkins	School Cook/Breakfast club/After-school club
Lowri	Davies	Teacher Year 1 – Teifi	Emma	Morgan	Catering Assistant / Breakfast club/After-school club
Rachel	Pullen - Roberts	Athrawes Meithrin a Derbyn – Nursery and Reception Teacher (Monday - Thursday) - Dyfi	Jane	Adam	Lunchtime Assistant
Katie	Dowse	Teacher/HLTA	Karolina	Pochodin	Lunchtime Assistant
Jack	Rendell	Administration Assistant	Sian	Titley	Cleaner/ caretaker
Angharad	Evans	Teaching Assistant ALN	Yvonne	Wharton	Cleaner